HOW CAN I HELP AS A PARENT OR CARGIVER?

- Create a profile for individual which will assist police. (See Emergency Checklist)
- Keep copy of emergency checklist in car and at home. Tape a copy on the fridge.
- Register individual in various Records Management Systems using information from Emergency Checklist. (See agency information below)
- Have emergency ID on child. (medical alert jewelry)

WAYS TO PREPARE AN INDIVIDUAL TO INTERACT WITH OFFICERS:

- Teach them NEVER to touch an officer’s weapon.
- Teach them to ALWAYS keep hands visible to officer at all times.
- If possible teach individual to self-advocate.
- Explain that officer’s roles are to keep everyone safe. This means following directions.

DURING A CRISIS

- STAY CALM - YOU ARE AN ADVOCATE!
- Before contacting police try MCOT through UNI first at 801-587-3000. (Mobile Crisis Outreach Team - Salt Lake County only)
- Request a CIT officer. (Specially trained to deal with disabled individuals)
- Make Emergency checklist available to responders.
- If officer wants to interview individual always have a caregiver present. Use camera phone to document.

KEEP IN MIND - Unknown professionals are coming to help you resolve a crisis. ASSUME they will have NO INFORMATION about the situation/individual unless you inform them.

INVISIBLE DISABILITIES

EMERGENCY CHECKLIST

- Name and address of disabled individual and care giver
- Any weapons present
- Age, height, weight
- Diagnosis/Disability
- Mode of communication - verbal/non-verbal
- Any ID on person (Card in bag, ID jewelry)
- Fear of dogs?
- Present medications - any recent changes?
- Top 2 behaviors seen during meltdown/crisis situation (do not touch; running; aggresion)
- Top 2 calming techniques - favorite object/likes/topics
- Prior law enforcement contacts - will they respond to strangers?

AUTISM SAFETY REGISTRY

REGISTER YOUR LOVED ONE IN EACH AGENCY.

FOLLOW UP TO ENSURE THEY ARE IN THE SYSTEM.

- To register with Salt Lake City Police Department, call 801-799-3111 or visit www.slcpd.com and go to “contact us” to find an online form. Reference Autism Safety Registry near the bottom of the page. Information will only be used by dispatch and responding officers in an emergency situation.